HOW TO FIND US

We are situated in the Newlands on Main building, on the corner of Main Road and Campground Road in Newlands. Entrance on Main Road only. We have free visitor’s parking.

DIRECTIONS FROM CAPE TOWN

1. Drive in Main Road towards Newlands, Claremont, Wynberg. You will pass the Southern Sun Hotel on your left. We are situated in the next building (Newlands on Main).

2. The ramp towards the visitor’s parking is just after the Southern Sun Hotel. Turn left onto the ramp.

3. Visitor’s parking can be found just as you come up the ramp, as well as in the basement.

4. We are on the piazza level (same level as Cubana restaurant). Walk up from the steps straight across the piazza towards the practice. We are situated in the far left corner. If you park in the basement, take the elevator to the 1st floor (piazza level). We are a few steps from the elevator as you exit.

DIRECTIONS FROM CLAREMONT

Approaching from Cavendish, drive in Protea Road. Turn left into Main Road (at the Engen garage). Make a legal U-turn at the next robot. Then follow directions from point 2.

Click to view an online Google map.